



# OUR HEALTHY CURRICULUM

WITH CHILDREN FACING GROWING ACADEMIC, SOCIAL AND EMOTIONAL PRESSURES AT AN EVER-YOUNGER AGE, AT PIPPINS WE PLACE GREATER VALUE ON PLAY AND BUILDING EMOTIONAL SECURITY, CONFIDENCE AND KINDNESS, FOCUSING ON THEIR WELL-BEING TO SHAPE THEIR SENSE OF SELF AND BUILD RELATIONSHIPS. WHEN THIS IS DONE RIGHT IN THESE CRUCIAL EARLY YEARS, OUR CHILDREN WILL NOT ONLY BE MORE LIKELY TO HAVE RESILIENCE, EMPATHY AND CONFIDENCE TO EXPERIENCE OUR WILD AND DIVERSE WORLD BUT ALSO HAVE THE CURIOSITY NEEDED FOR LIFELONG LEARNING.

OUR HEALTHY CURRICULUM IS DIVIDED INTO THREE FOCUSED AREAS:

- HEALTHY BODIES
- HEALTHY MINDS
- HEALTHY PLAY & LEARNING

## HEALTHY BODIES



MOVEMENT AND PHYSICAL SKILLS



HEALTHY EATING

DENTAL HYGIENE



SLEEP ROUTINE

## HEALTHY PLAY & LEARNING

LANGUAGE-RICH WEEKLY TOPICS



STEM

- MATHEMATICAL THINKING & POSITIVITY
- EARLY SCIENCE CONCEPTS
- EARLY ENGINEERING & CONSTRUCTION



OUR DIVERSE WORLD

EXPLORING SOUNDS (EIBRAVO)



## HEALTHY MINDS



SENSE OF BELONGING

SENSE OF OURSELVES



SENSE OF OTHERS



SENSE OF ACHIEVEMENT

EMOTIONAL INTELLIGENCE

BUILDING RESILIENCE, EMPATHY AND CONFIDENT CURIOSITY FOR LIFELONG LEARNING



Learning the 'Little Pippins' way...